



Vegetables

IQF or Puree

Here at foodguys we offer a one-stop shop for all your vegetable ingredient needs.

We offer our **29 years of experience sourcing** processed vegetable ingredients for the food manufacturing industry.

We have developed direct relationships with processors all over the world, allowing us to find **YOU** the exact product specifications you need, at the price that works.

INGREDIENTS:

- Artichokes
- Asparagus
- Avocado
- Bamboo Shoots
- Beets
- Bell peper
- Broccoli
- Cauliflower
- Celery
- Corn
- Cucumber
- Edamame
- Eggplant
- Garlic
- Kale
- Lettuce
- Mushrooms
- Okra
- Onions
- Peas
- Peppers
- Sweet Potato
- Zucchini
- Pumpkin
- Squash
- Spinach
- Potatoes
- Green Beans
- Carrots

The anwser is: YES!!

- Conventional, Organic, or Non-GMO?
- IQF, freeze dried, dehydrated or canned?
- With preservatives or natural?
- In cases, pails, drums, and/or totes
- by the pallet or the truckload?
- financing or logistical support?



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Relax, Just ask, We deliver

503. 570. 2871

www.foodguys.com