



# Grains, Bakery & Beans

Here at foodguys we offer a one-stop shop for all your grain, bakery and bean ingredient needs.

We offer our **29 years of experience sourcing** processed grain, bakery and bean ingredients for the food manufacturing industry.

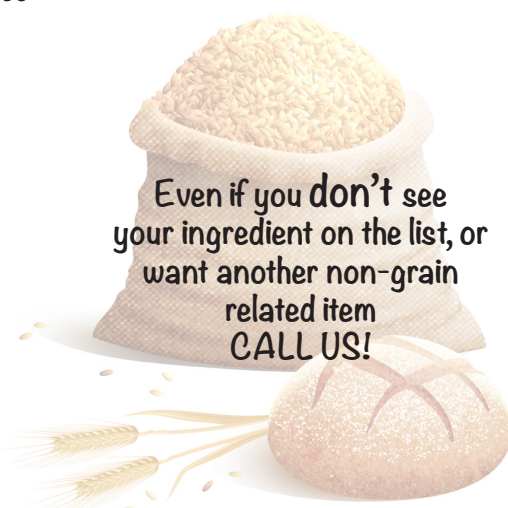
We have developed direct relationships with processors all over the world, allowing us to find **YOU** the exact product specifications you need, at the price that works.

## INGREDIENTS:

- |                   |                         |                        |               |
|-------------------|-------------------------|------------------------|---------------|
| • Amaranth        | • Chickpeas             | • Modified Corn Strach | • Shortenings |
| • Barley          | • Corn                  | • Navy Beans           | • Starches    |
| • Beans           | • Dark Red Kidney beans | • Oatmeal              | • Sugars      |
| • Brown rice      | • Flour                 | • Oils                 | • Quinoa      |
| • Buckwheat       | • Freekeh               | • Organic Black Beans  | • Red lentils |
| • Bulgur          | • Green Lentils         | • Popcorn              | • Rye         |
| • Cereal          | • IQF Fruit             | • Potato               | • Wheat       |
| • Chia Seed Flour | • Millet                | • Pinto Beans          | • Xanthan Gum |
| • Chickpea Flour  |                         | • Pulses               |               |

### The anwser is: YES!!

- Conventional, Organic, or Non-GMO?
- IQF, freeze dried, dehydrated or canned?
- With preservatives or natural?
- In cases, pails, drums, and/or totes
- by the pallet or the truckload?
- financing or logistical support?



Even if you don't see  
your ingredient on the list, or  
want another non-grain  
related item  
**CALL US!**

Relax, Just ask, We deliver

**503. 570. 2871**

[www.foodguys.com](http://www.foodguys.com)

